

FRUIT SCONES

RECIPE	FRUIT SCONES	BLUEBERRY & ALMOND	WALNUT & DATE	ORANGE & CARDAMOM
FLOUR	500g White Flour Of Choice	500g White Flour Of Choice	500g White Flour Of Choice	500g White Flour Of Choice
RAISING AGENT	1.5 Tsp Baking Powder ½ Tsp Baking Soda	1.5 Tsp Baking Powder ½ Tsp Baking Soda	1.5 Tsp Baking Powder ½ Tsp Baking Soda	1.5 Tsp Baking Powder ½ Tsp Baking Soda
FAT	200g Solid Coconut Oil	200g Solid Coconut Oil	200g Solid Coconut Oil	200g Solid Coconut Oil
SWEETENER	75g Caster Sugar	75g Caster Sugar	75g Caster Sugar	75g Caster Sugar
LIQUID	200ml Rice Milk Or Oat Milk Or Of Choice	200ml Rice Milk Or Oat Milk Or Of Choice	200ml Rice Milk Or Oat Milk Or Of Choice	200ml Rice Milk Or Oat Milk Or Of Choice
BINDER	3 Flax Egg (3 Tbsp Ground Flax 9 Tbsp Water)	3 Flax Egg (3 Tbsp Ground Flax 9 Tbsp Water)	3 Flax Egg (3 Tbsp Ground Flax 9 Tbsp Water)	3 Flax Egg (3 Tbsp Ground Flax 9 Tbsp Water)
SEASONING /SPICES	½ Tsp Salt	½ Tsp Salt	½ Tsp Salt	½ Tsp Salt ½ Tsp Ground Cardamom
FLAVOURS	150g Sultanas / Raisins	100g Fresh Blueberries 20g Flaked Almonds	75g Chopped Dates 75g Chopped Walnuts	Zest Of 1 Small Orange
YEILDS	6-7 Scones	6-7 Scones	6-7 Scones	6-7 Scones